

| Monday | | |
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| Lizzie | Shereen | Phil |
| 4:30 Rising Stars (Closed) | 4:30 Moonbeams (Closed) | 5:00 Shooting Stars (Closed) |
| 5:00-7:00 Bronze* | | 6:00 Fireballs |
| 5:00-8:30 Silver* | | 7:00 Asteroids ½ |
| Tuesday | | |
| Lizzie | Julie | Phil |
| 4:30 Fireballs 2 | New! 4:30 Moonbeams | 4:30 Comets (Closed) |
| 5:30-7:00 Silver* | 6:30 Shooting Stars | 5:30 Shooting Stars (Closed) |
| 7:00 Asteroids ½ | 7:30 Rising Stars (Closed) | 6:30 Boys Gym (Closed) |
| Shereen | | 7:30 Beg/Interm Teen Gym (Closed) |
| 6:00-7:30 Pre-Team* | | |
| Wednesday | | |
| Lizzie | Sara | Phil |
| 4:30 Shooting Stars | 4:30 Comets (50 min) | 5:00 Moonbeams |
| 5:30-7:30 Bronze* | 5:30 JR Cougar Acro* | 6:00 Rising Stars (Closed) |
| 7:30 Fireballs ½ | | 7:00-8:30 Adv Teen Gym (Closed) |
| Thursday | | |
| Lizzie | Bruce | Phil |
| 4:30 Rising Stars/Meteors | 4:30 SR CAT APP Acro* | 4:30 SR CAT APP Acro* |
| 5:30-8:30 Silver* | New! 5:30 Rising Stars (Starting 3/7) | 5:30 Comets (Closed) |
| Shereen | 6:30 Interm. Teen Gym | 6:30 Older Boys Gym |
| 6:00-7:30 Pre-Team* | | |
| 7:30 Rhythmic | | |
| Friday | | |
| Jordan | Sue | Phil with Stephanie |
| 5:00 Moonbeams (Closed) | New! 4:30 Shooting Stars | 4:30 Asteroids |
| 6:00 Comets (Closed) | 5:30 Shooting Stars (Closed) | 5:30 Fireballs ½ |
| 7:00 Shooting Stars (Closed) | | 6:30 Meteors (Closed) |
| Saturday | | Sunday |
| Lizzie | Jordan | Sue |
| 9:00 Fireballs ½ (Closed) | 9:00 Twinkles (Closed) | 10:00 Shooting Stars (Closed) |
| 10:00 Rising Stars | Shereen | 11:00 Moonbeams (Closed) |
| Sue | 9:00 Rhythmic | 12:00 Shooting Stars (7-9yo) |
| 9:00-9:45 Cougar Acro* | 10:00 JR CAT 1 Acro* | 1:00 Meteors |
| 11:00 JR CAT 2/3 Acro* | 11:00 Shooting Stars (Closed) | New! 2:00 Moonbeams (Starting 2/17) |
| | 12:00 Moonbeams (Closed) | |
| | 1:00 Meteors (Closed) | |
| | | 2/14/2019 |